



SPAR LANCASHIRE SCHOOL GAMES

STAY AT HOME HEROES RUGBY

Challenge 1- Creativity. Individuals or Teams.

If you and your friends would like to 'pass the rugby ball creatively' on and send us your videos by **1st June** we will feature the most creative efforts on our websites and social media in our Spar Lancashire School Games celebration day materials on 30th June!!

Simply pass a rugby ball out of the right of the screen and receive from the left of the screen and cut them together to make one sequence. If we are lucky enough to be back at school before then schools are obviously welcome to do their own passing sequences and record those. If you are able to do one on your own, or with family members, that is also fine. The more creative the better!!

We will pick the best videos from each of; KS1, KS2, KS3, KS4 and combined age groups (these can include parents/teachers/coaches). Use the hash tags when posting on any social media; **#LancsGames20** and **#RugbyChallenge**

Send you videos, or a link to your chosen media eg YouTube, Facebook, etc to:

Steven Jamieson (Lancaster SGO) at: jamieson.sm@gmail.com and tag us at @LHschoolsport on Twitter and Facebook

Stating your lead contact name, email and phone number and any school/s involved.



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Challenge 2- Skill. Individual- Prizes for furthest distance & most entries per school.

Challenge yourself, and your friends, to see who can 'pass the rugby ball accurately' into a wheelie-bin from the greatest distance.

Use a rugby ball (or any other ball if needed) and perform a regulation rugby pass (across your body), eg: Not an American Football overarm throw. See how far from the bin you can get and still get the ball to land in the bin. Measure your distance using a tape measure- borrow your parents and measure in metres and centimetres. Send your scores and ideally your videos by **1st June** we will feature some of the efforts on our websites and social media in and our Spar Lancashire School Games celebration day materials on 30th June!!

If we are lucky enough to be back at school before then schools are obviously welcome to do their own passing accuracy challenge in school, or do it yourself at home. Post your attempts on social media and see if your friends and fellow pupils can beat you and use the hash tag **#LancsGames20** and **#RugbyChallenge** !

We will have categories from each of; Early Years, KS1, KS2, KS3, KS4 and adults- including parents and teacher groups.

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